

# Heidi Parkes

## General Materials list with Photos:



### Thread:

There are many brands of perle cotton that work well. A few examples are:

DMC	Anchor
Valdani	Finca

I usually use size #8, but sometimes go for #10 or #12.

This is found in the embroidery section at craft stores, but there are lots more colors at your local quilt shop or on-line.



I also use crochet cotton. This is widely available at craft stores in the yarn section.

'Aunt Lydia's' is a popular brand, but it is also made by DMC and Michaels.

Most crochet thread comes in size #10, and that's what I use most often.

Sometimes you can find similar threads on big spools intended for weaving. This is good too.



### Notions:

I use the 3 smallest needles in this Dritz Milliners pack- depending on the size thread I'm working with. The thin needle head, length, and sharp point are all ideal.

Normal safety pins for basting. Occasionally straight pins are useful too.

I like to bind with 3 of these 'wonder clips' by Clover. Yep, buy the small 10 pack, it's all you need. These items are all at Jo-ann fabrics.



### Thimbles:

I like a rubber thimble to grip with my index or thumb, and a metal thimble to push with my ring or middle finger.



This Dritz slip-stop thimble is my favorite for pushing. It has a strong edge, and good grid on the tip.

\*Be sure to find a thimble that fits well. It should be loose enough that it's comfortable, but tight enough that it won't fall off your hand when you move.



### Rubber Grippers:

- The blue gripping pad is cheap and simple at Jo-ann's, but the finger grippers will protect your hands and save you time.
- Pinkie and ring: cheap at office depot, these are sold for counting money and come in multi-packs.
- Middle: Bohin from France, can be found in quilt shops in the U.S.
- Index and thumb: From Clover Japan. These are my favorites purchased in South Korea. I email Clover all the time asking for these in the U.S. The holes breathe well, and they really last.



### Embroidery Hoops:

These are great for mending and embroidering- especially for signing the back of your quilt.

I love the bamboo hoops from 'Loops and Threads,' which can be found at Michaels.

(I know- everything else is at Jo-ann's... sigh. These are a better price and they're smooth as silk whereas the other ones can splinter easily.)

\*I'm not making any money off of these suggestions. They're just the products that I happen to like, and being specific makes shopping easier for students.

-Heidi